

FINA BUREAU



VICE PRESIDENT:

Husain Al Musallam

Olympic Council of Asia, P.O. Box 6706
32046 Hawalli
KUWAIT
Country & City Code : (965)
Phone : 2571 7196
Fax : 2573 4973
Email : husain@ocasia.org



MEMBERS:

Kazuo Sano

Japan Swimming Federation
Kishi Memorial Hall, 1-1-1
Jinnan, Shibuya-Ku
150-8050 Tokyo
JAPAN
Country Code : (81-3)
Phone : 3481 2306
Fax : 3481 0942
Email : jpn-swimming@japan-sports.or.jp



MEMBERS:

Ben Ekumbo

P.O. Box 14315 – 00800, Westlands
Nairobi
KENYA
Country Code: (254)
Phone: 20 609612, 07 22519499
Mobile: 07 16555339
Fax: 20 609612
E-mail: ekumbub@yahoo.com

FINA BUREAU



IMMEDIATE PAST HONORARY SECRETARY:

Bartolo Consolo

21 route de Chancy

1213 Petit-Lancy

SWITZERLAND

Country Code : (41)

Phone : 22 3115908

Fax : 22 3113374

Email : b.consolo@bluewin.ch

TECHNICAL SWIMMING COMMITTEE

Members:

Olugbenga Akinsanya Lawal

28, Ogunnaike Street
Palm Groove
Lagos
NIGERIA

Country Code: (30)
Phone: 210 9851020, 697 2004513
Email: gbengasanya03@yahoo.com

TECHNICAL DIVING COMMITTEE

HONORARY SECRETARY:

Georgia Fyrigou Consolo

21 route de Chancy
1213 Petit-Lancy
SWITZERLAND

Country Code: (30)
Phone : 210 9851020, 697 2004513
Mobile : 349 7197709
Fax : 210 9850 964, 39 066784310
Email : gfyrigou.consolo@gmail.com

MEMBERS:

Kathy Seaman

2318 Erlton Place S.W.
T2S 2Z4 Calgary, Alberta
CANADA

Country Code: (1-403)
Phone: 217-8592
Mobile: 804-6934
Fax: 6700325
Email: kmseaman@shaw.ca

Ann Sissons

P.O. Box 47
Whangaparaoa
NEW ZEALAND 0943

Country & City Code: (61)
Phone: 411 863483,
+64 274 777601
Fax: 3 96826485
Email: ann.sissons@gmail.com

TECHNICAL WATER POLO COMMITTEE

MEMBERS:

Manuel Ibern

C/ Conreria, 10 - at. 1
08003 Barcelona
SPAIN

Country Code: (34)
Phone: 934804910, 627482753
Fax: 934804910
Email: E-mail: miberna@bcn.cat

TECHNICAL SYNCHRONISED SWIMMING COMMITTEE

VICE CHAIRMAN:

Igor Kartashov

P.O. Box 128
117526 Moscow
RUSSIA

Country Code: (7)
Phone: 925 0 345 7 55, 777 2999734
Fax: 495 7254720, 727 2785139
Email: igor_kartashov@hotmail.com
igor_kartashov@hotmailbox.ru

SPORTS MEDICINE COMMITTEE

CHAIRMAN:

Cees-Rein Van Den Hoogenband

Eindhovenseweg 123
5663 NC Geldrop
THE NETHERLANDS

Country Code: (31)
Phone: 40 2854184, 6 53757107
Fax: 30 7513201
Email: info@sportslinebv.nl

MEMBERS:

Kevin T. Boyd

37 Paddock Close
Quorn, Leicestershire
LE12 8BJ
UNITED KINGDOM

Country Code: (44)
Phone: 1509 550824, 116 2588101
Fax: 116 2584748
Email: kevin_boyd23@hotmail.com

EVENTS SUB-COMMITTEE:

Kyriakos Nanousis

Midias 47
142 33 - N. IOONIA Athens
GREECE

Country & City Code: (30)
Phone: 210 2723518, 6932 622 323
Mobile: 0037 259290120
Fax: 2757 356
Email: nanusis@hol.gr

ATHLETES COMMISSION

MEMBERS:

Britta Kamrau

Wiener Platz 10
18069 Rostock
GERMANY

Country Code: (49)
Phone: 381 2014903
Fax: 382 0770462
Email: bkamrau@hotmail.com

COACHES COMMISSION

HONORARY SECRETARY:

Mark Schubert

PO Box 479
Surfside, CA 90743
USA

Country & City Code: (1-719)
Phone: 866 4578
Mobile: +1 5622436262
Fax: 866 4761
Email: SchubertSwim@aol.com

PRESS COMMISSION

MEMBERS:

Gergely Csúrka

Kossuth ter 13-15
1055 Budapest
HUNGARY

Country Code: (36)
Phone/fax: 1 2510690
Mobile: 303444448
Email: csurkagergely@hotmail.com

FEDERATIONS

NEW NAMES

ESA - Federación Salvadoreña de Natación

PER - Federación Peruana de Deportes Acuáticos

PHI - Philippine Swimming, Inc.

RUS - Russian Swimming Federation

AFRICA

ALG - Algeria

Fédération Algérienne de Natation

BP 88

16030 El Biar, Alger

ALGERIA

Country & City Code: (213-21)

Phone: 922 383

Fax: 922 383

E-Mail: fan.ligue@gmail.com

CAF – Central African Republic

Fédération Centrafricaine de Natation

1 Rue de Navarre

B.P. 1564

Bangui

CENTRAL AFRICAN REPUBLIC

Country Code: (236)

Phone: 75 501937, 75 046663

Fax: 21 616050

E-Mail: ojjperriere@yahoo.fr

Website: www.fcn-rca.cabanova.fr

COD - Democratic Republic of the Congo

Fédération de Natation en République

Démocratique du Congo

34 av/Basanga

Commune de Kamalondo

Via NDOLA

R.D. CONGO

Country Code: (243)

Phone: 999640666

Fax: +27 866751377

E-Mail: fecona_rdc2006@yahoo.fr

secretaria_fenaderec_rdc@yahoo.fr

MAR - Morocco

Fédération Royale Marocaine de Natation

F.R.M.N

B.P. 13043

20000 Casablanca

MOROCCO

Country Code: (212)

Phone: 522 232 796

660 112 900

Fax: 522 981 468

E-Mail: frmnatation@gmail.com

Website: www.frmnatation.com

MLI - Mali

Fédération Malienne de Natation

Mamourou Bouaré

BPE 314

Bamako

MALI

Country Code: (223)

Phone: 66746479, 76115732

E-Mail: bouaremamourou@yahoo.fr

ianlyons276@btinternet.com

SLE - Sierra Leone
**Sierra Leone Amateur Swimming, Diving
and Water Polo Association**

P. O. Box 666
Freetown
SIERRA LEONE

Country Code: (232)
Phone: 33431051
76601164, 022226092
Fax: 227 325
E-Mail: Ahmaduf31@yahoo.co.uk

TUN - Tunisia
Fédération Tunisienne de Natation

Maison des Fédérations
Avenue de la Terre
Cité Olympique
1003 Tunis
TUNISIA

Country & City Code: (216-71)
Phone: 753 783, 754 897
Fax: 754005, 753083
E-Mail: ftn.natation@hexabyte.tn
Website: www.ftnatation.org.tn

ZIM - Zimbabwe
Zimbabwe Aquatic Union

PO Box HG 393
Highlands
Harare
ZIMBABWE

Country Code: (263)
Phone: 4 498702, 912 238996
Fax: 4 498702, 0027 865 4252323
0033 826 764679
E-Mail: IZAUpresident@zimaquatics.co.zw
ZAUsecretary@zimaquatics.co.zw
Website: www.zimaquatics.co.zw

AMERICAS

AHO - Netherlands Antilles
Nederlands Antilliaanse Zwembond

P.O. Box 2025
Curaçao
NETHERLANDS ANTILLES

Country & City Code: (599-9)
Phone: 511-4959
518-4959
Fax: 7672326
E-Mail: nazb@sports.an
hesleyheerenveen@yahoo.com

BAR - Barbados
Barbados Amateur Swimming Association

Aquatic Centre
Wildey
BB 15094 St. Michael
BARBADOS

Country & City Code: (1-246)
Phone: 429 7946
Fax: 436 2272
E-Mail: sonpat@caribsurf.com
basa@caribsurf.com
Website: www.swimbarbados

BRA - Brazil***Brazilian Swimming Federation***

Complexo Esportivo do Maracanã
Parque Aquático Julio De Lamare
Av. Maracanã, s/n – Portão 13B
20271-111 Rio de Janeiro
BRAZIL

Country & City Code: (55-21)

Phone: 2142 7676

Fax: 2142 7654

E-Mail: cbda@cbda.org.brWebsite: www.cbda.org.br**CAN - Canada*****Diving / Plongeon Canada***

700 Industrial Avenue
Suite 312
Ottawa, ON
K1G 0Y9
CANADA

Country & City Code: (1-613)

Phone: 736 5238

Fax: 736 0409

E-Mail: cada@diving.caanne@diving.caWebsite: www.diving.ca**CAN - Canada*****Swimming/Natation Canada***

2445 St-Laurent Blvd.
Suite B140
Ottawa ON K1G-6C3
CANADA

Country & City Code: (1-613)

Phone: 260 1348

Fax: 260 0804

E-Mail: natloffice@swimming.caWebsite: www.swimming.ca**GUY - Guyana*****Guyana Amateur Swimming Association***

c/o "Olympic House"
76 High Street, Kingston
Georgetown
GUYANA

Country Code: (592)

Phone: 225 1553

Fax: 223 5322

E-Mail: guyanaswim@gmail.comkaren_pilgrim@hotmail.com**PAN - Republic of Panama*****Panama Swimming Federation***

Calle 16 Final Monte Oscuro
Edificio Prodina Sansae
0816-02925 Panama
REPUBLIC OF PANAMA

Country Code: (507)

Phone: 301 3855, 301 3850

Fax: 301 3857

E-Mail: gerencia@prodima.com.pa**PAR - Paraguay*****Federación Paraguaya de Natación***

Montevideo N° 463 esq/ Oliva
Edificio Monte Oliva – Planta Baja
Oficina N° 2
Ciudad de Asunción
PARAGUAY

Country Code: (595)

Mobile: 981 298 876

Fax: 21 506 676

E-Mail: fepana@yahoo.es

PUR - Puerto Rico***Federación Puertorriqueña de Natación***

Urb. El Paraiso
1572 Calle Rodano
00926 San Juan
PUERTO RICO

Country & City Code: (1-787)
Phone: 268 7811,
Fax: 268 7058
E-Mail: natacion@yunque.net
Website: www.natacionpr.org

USA - United States of America
United States Masters Swimming

Rob Butcher
655 North Tamiami Trail
Sarasota, FL 34236
USA

Country & City Code: (1-941)
Phone: 2568767
Fax: 537 0204
E-Mail: rob@usms.org
Website: www.usms.org

VIN - Saint Vincent and the Grenadines
St. Vincent and the Grenadines Swimming Federation

P. O. Box 360
Kingstown
ST. VINCENT & THE GRENADINE

Country & City Code: (1-784)
Phone: 452 5135
Fax: 450 2000
E-Mail: svgasa@gmail.com

ASIA**BRU - Brunei Darussalam**
Brunei Amateur Swimming Association

P. O. Box 1388
Jalan Gadong, Negara,
Sultan Hassana Bolkiah National
Swimming Complex, Jalan Berakas
KG Pulaie, Berakas BB 4313
BE3978 Bandar Seri Begawan
BRUNEI DARUSSALAM

Country Code: (673)
Phone: 8711880
8722918
Fax: 2 390745
E-Mail: basabrunei@gmail.com
geowch@yahoo.com
Website: www.basa.com.bn

KGZ - Kyrgyzstan
Kyrgyz Republic Swimming Federation

"Spartak" Stadium
17, Tоголок-Moldo Str.
720033 Bishkek
KYRGYZTAN

Country & City Code: (996-312)
Phone: 32 4823
63 0921
Fax: 32 4823
63 0375
E-Mail: swimming.kg@gmail.com

MGL - Mongolia
Mongolian Amateur Swimming Federation

P.O. Box 1061
Erdenet City
MONGOLIA

Country Code: (976)
Phone: 1352-28222
Mobile: 99352008
Fax: 1352-28222
Email: swimming.mgl@gmail.com
g.secretary@masf.mn
Website: www.masf.mn

SYR - Syrian Arab Republic
Syrian Arab Swimming and Aquatic
Sports Federation

Damascus - Baramkhee
P.O. Box 421,
Damascus
SYRIAN ARAB REPUBLIC

Country & City Code: (963-11)
Phone: 213 1016, 2140045 - 6 - 7
Fax: 213 1016, 2123346
E-Mail: syr.swimming@memberssf.com
syr.generalsport@memberssf.com

TJK - Tajikistan
Swimming Federation of Tajikistan

24 Aini Street, P.O. Box 2
734025 Dushanbe
TAJIKISTAN

Country Code: (992)
Phone: 372 216467, 372 217551
Fax: 372 510073
E-Mail: mukhamadsho68@yahoo.com

UZB - Uzbekistan
Uzbekistan Water Polo Federation

Chilonzor 2, home 156
100115 Tashkent City
REPUBLIC OF UZBEKISTAN

Country Code: (998)
Phone: 71 2346921, 97 1576249
Fax: 712673461
E-Mail: brustamov@mail.ru

EUROPE

ARM - Armenia
Diving Federation of Armenia

9, Abovyan Street
0001 Yerevan
ARMENIA

Country & City Code: (374-10)
Phone: 528 415
Fax: 545 789
E-Mail: divingarm@mail.am

FRA - France
Fédération Française de Natation

14 rue Scandicci
93500 Pantin
FRANCE

Country & City Code: (33-1)
Phone: 41838770
Fax: 41838769
E-Mail: ffn@ffnatation.fr
Website: www.ffnatation.fr

HUN - Hungary
Hungarian Synchronised
Swimming Federation

Árpád Fejedelem Útja 8,
1023 Budapest
HUNGARY

Country & City Code: (36-1)
Phone: 326 3581
Fax: 3155195
E-Mail: hun.synchro@gmail.com

SRB - Republic of Serbia
Serbian Diving Association

Blagoja Parovica 150
11030 Belgrade
REPUBLIC OF SERBIA

Country Code: (381)
Phone: 11 357 3009
Fax: 11 357 3009
E-Mail: savezskokovi@open.telekom.rs
Website: serbiandiving.org.rs

OCEANIA

GUM - Guam

Guam Swimming Federation

P.O Box 1073
GU 96932 Hagatna
GUAM

Country & City Code: (1-671)

Phone: 6897946

Fax: 472 8150

E-Mail: jenshimizu@aol.com
dok54@yahoo.com

MHL - Marshall Islands

Marshall Islands Swimming Federation

420 Taro Street
96555 Apo AP
P.O. Box 194
Apo AP 96555
USA

Country & City Code: (1-805)

Phone: 355 3500

Fax: 355 8186

E-Mail: mary.harris@smdck.smdc.army.mil

BY LAWS

BL 7 ADVERTISING AT FINA WORLD CHAMPIONSHIPS AND FINA COMPETITIONS

PREAMBLE: Identification in FINA Rule GR 6.1 means the normal display of the name, designation, trademark, logo or any other distinctive sign of the manufacturer of the item or of any other advertiser permitted in accordance with this rule.

BL 7.1 Advertising

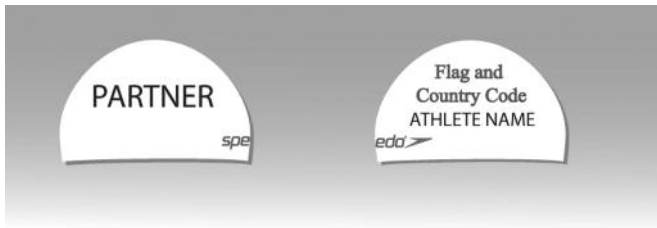
Advertising identification appearing on swimwear, pool deck equipment and official's uniforms at FINA Championships and Competitions, with exception for FINA World Masters Championships, is permitted as follows:

BL 7.1.1 Swimsuits:

- One (1) manufacturer's logo of a maximum size of 30 square centimetres when worn. Where one-piece body suits are used, two (2) logos of the manufacturer shall be permitted, one above the waist and one below the waist of a maximum size of 30 square centimetres each when worn. These two (2) logos of the manufacturer shall not be placed immediately adjacent to each other. Where two-piece body suits are used, the two (2) logos of the manufacturer shall be placed on one part each.
- One (1) flag and one (1) country name or code of a maximum of 30 square centimetres when worn.
- One (1) sponsor's logo of a maximum of 30 square centimetres when worn.

BL 7.1.2 Caps:

- One (1) manufacturer's logo of a maximum of 20 square centimetres on the front.
- One (1) FINA Partner's logo of the size decided by FINA from case to case. The side on which the Partner's logo shall be printed will be advised by FINA.
- One (1) flag and/or country name (code) of the size of 32 square centimetres. The side on which the flag and country name (code) shall be printed will be advised by FINA.
- Athlete's name of the size of 20 square centimetres. The athlete's name shall be printed on the same side as the flag and country name (code).



BL 7.1.3 Goggles:

- Two (2) manufacturer logos of maximum 6 square centimetres are allowed on goggles but only on the spectacle frame or band.

BL 7.1.4 Athletes Bibs:

- The maximum size of the Bibs shall be 24 cm (width) x 20 cm (height).
- The height of the digits on the Bibs shall be no less than 6 cm and no more than 10 cm.
- The maximum height of the identification above the digits shall be 6 cm. The identification may display the name/logo of a Sponsor.
- The maximum height of the identification below the digits shall be 4 cm. The identification may display the name/logo of the Host City.
- The Bibs shall be printed in suitable colours in order to ensure maximum visibility of the digits.
- The Bibs must be worn fully visible during Athletes' introduction and award ceremonies.

An athlete removing the Bib before being presented at the start of an event or before completion of the victory ceremony may be disqualified.

Only one FINA Sponsor may be displayed on Bibs. However, there may be one sponsor for men and another for women at the same Championships.

Numbered Bibs



Award Bibs



BL 7.1.5 Pool deck equipment

Two (2) advertising identifications of which one shall be of the manufacturer logo and the other one of the sponsor logo are permitted, with a maximum size of 40 square centimetres each when worn for any of the clothing items listed below, and a maximum size of 6 square centimetres each for any of the accessories and equipment items listed below.

Identification on clothing must be placed on the top breast side so that Bibs requested by FINA may be worn well visible below.

For upper-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed

in the form of a strip in one of the following positions:

- a) around the bottom of both sleeves; or
- b) centered down the outer seam of both sleeves (from the collar across the top of the shoulders down to the bottom of the sleeve).

For lower-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed in the form of a strip centered down the outer seam of both legs (from the waistband down to the bottom of the leg).

- T-shirt (40 square centimetres)
- Polo shirt (40 square centimetres)
- Casual shirt (40 square centimetres)
- Sweat shirt (40 square centimetres)
- Bath robe (40 square centimetres)
- Tracksuit top (40 square centimetres)
- Pants (40 square centimetres)
- Shorts (40 square centimetres)
- Skirts (40 square centimetres)
- Windbreaker (40 square centimetres)
- Towels (6 square centimetres)
- Baseball caps (6 square centimetres)
- Hats (6 square centimetres)
- Socks (6 square centimetres)
- Footwear (6 square centimetres)
- Bags (not greater than 10% of the surface area of the item, to a maximum size of 60 square centimeters)

BL 7.1.6 Any advertising identifications which are not indicated in these regulations are not permitted. In the event that any clothing contravenes these regulations, the competitor must immediately remove the offending item(s) and replace it/them with clothing that complies with FINA rules. In the event that the breach is not immediately remedied the competitor may be requested to wear attire provided by the Organising Committee.

BL 7.1.7 FINA reserves the right to request Federations taking part in FINA Championships and Competitions to present any advertising identification in this rule for examination and approval of FINA prior to the event in question.

BL 8 SWIMWEAR

BL 8.1 All swimwear used at Olympic Games and FINA Events (pool and open water competitions) shall be swimwear approved by FINA in accordance with the rules and procedures set forth in the FINA Requirements for

Swimwear Approval (FRSA) issued by the FINA bureau and valid on the date of approval. Following an approval process conducted by the Swimwear Approval Commission, a list of approved swimwear is published by FINA (the Approved List) each year. The Approved List is published each year before December 31 and is valid starting from January 1 of the subsequent year.

[Note to BL8.5: It is clarified that swimsuits which fulfill the shape requirement set forth in BL 8.3, respectively BL 8.4 (for Open Water Swimming) can be accepted even if they do not bear a valid FINA approval label provided they effectively and evidently fulfill the material requirements set forth in the current FINA Requirements for Swimwear Approval. This is the case for swimsuits made of traditional permeable textile (i.e. open mesh material) material (such as cotton, Nylon, Lycra and the like) with no application of surface treatment closing the open mesh structure. In case of doubt in this respect and when notably such doubt concerns a swimsuit used at the occasion of a World record, an actual check of the swimsuit can be required from the competitor or Certifying Official and the swimsuit is to be forwarded to the FINA Office for submission to an actual control of all or parts of the requirements.]

BL 9 OLYMPIC GAMES, WORLD CHAMPIONSHIPS AND WORLD SWIMMING CHAMPIONSHIPS (25m)

BL 9.3 Entries

BL 9.3.6 Swimming

BL 9.3.6.1 For each individual event at the World Championships, the FINA Bureau will establish Standard Entry Times in two levels: “A” and “B”, of which “B” shall be easier to achieve. Standard Entry Times can only be achieved in competitions approved for that purpose by FINA.

For each individual event at the World Championships, each National Federation may enter a maximum of two (2) competitors. To enter two swimmers in the same event, both of them must have achieved the “A” Standard Entry Time. To enter one swimmer in an event, the competitor must have achieved at least the “B” Standard Entry Time.

BL 9.3.6.2 At the World Championships, National Federations may enter swimmers who have not achieved either Standard Entry Time as follows:

- With no swimmers who have achieved the “A” or “B” Standard Entry Time: National Federations may enter up to three (3) swimmers, not all of whom are of the same gender.

- With only one (1) swimmer who has achieved the “A” or “B” Standard Entry Time: National Federations may enter up to two additional swimmers, as long as all of the swimmers are not of the same gender.
- The swimmers who have not achieved either Standard Entry Time will only be permitted to enter up to two (2) individual events each.

BL 9.3.6.3 At the World Championships, each National Federation may enter only one (1) team in each relay. All swimmers entered in individual events can be used in relays, even if they have not achieved the “B” Standard Entry Time for the corresponding stroke and distance of the relay in which they are entered. Each National Federation may enter additional swimmers for relays only, provided that they have achieved the “B” Standard Entry Time for the corresponding stroke and distance of the relay in which they are entered.

The following formula shall apply:

- One (1) Relay - two (2) additional swimmers
- Two (2) Relays - four (4) additional swimmers
- Three (3) Relays - six (6) additional swimmers
- Four (4) Relays - eight (8) additional swimmers
- Five (5) Relays - ten (10) additional swimmers
- Six (6) Relays - twelve (12) additional swimmers

BL 9.3.6.4 For each individual event at the Olympic Games, the FINA Bureau will establish Standard Entry Times of two types: an “Olympic Qualifying Time” (OQT) and a “FINA/Olympic Selection Time,” of which the “FINA/Olympic Selection Time” shall be easier to achieve. Standard entry times can only be achieved in competitions approved for that purpose by FINA.

1. Olympic Qualifying Time (OQT)

For each individual event at the Olympic Games, each National Federation/NOC may enter a maximum of two (2) competitors. To enter two swimmers in the same event, both swimmers must have achieved the “Olympic Qualifying Time.” To enter one swimmer in an event, the competitor must have achieved at least the OQT or must have achieved the “FINA/Olympic Selection Time,” and be invited by FINA to compete.

Swimmers who achieve the “Olympic Qualifying Time” in one or more individual events are automatically qualified to participate in the Olympic Games.

2. FINA/Olympic Selection Time

After determining the number of swimmers who have achieved the Olympic Qualifying Time, the number of swimmers entered in relays and the number of swimmers of National Federations/NOCs who have not achieved either Standard Entry Time based on BL 9.6.3.5, swimmers with the FINA/Olympic Selection Times may be invited. The number of invitations will be determined by the athlete quota established by the International Olympic Committee.

Swimmers who achieve the “FINA/Olympic Selection Time” are eligible to be invited to participate in the Olympic Games and will be invited to compete in the Olympic Games until the quota of 900 athletes is reached. FINA will invite swimmers with FINA/Olympic Selection Times to participate based upon the following:

- In individual events, swimmers will be compared to an Olympic Games Qualification Rankings compiled from 1 March 2011 through 1 June 2012, using only FINA-approved competitions, with only two athletes per country permitted into the rankings (if a country has more than two, those additional athletes will not be included).
- Those athletes with the highest Olympic Games Qualification ranking will be invited first until the quota of 900 is reached.
- Should there be a tie in selection of the 900th athlete, all athletes who are tied will have their times compared to the FINA Points Table from 1 January 2012, and those athletes with the highest point scores will be invited first until the quota of 900 athletes is reached. For example, if there are three spots remaining, and five athletes tie in the Olympic Games Qualification ranking placing, those athletes’ times will be given a point score and the athletes with the top three FINA Point Table scores will be invited to participate at the Olympic Games.

The priority order for qualification into the Olympic Games will be:

- All athletes with Olympic Qualifying Times
- Athletes on relays
- Universality athletes
- Invited athletes who have achieved a FINA/Olympic Selection Time

3. NFs/NOCs without qualified athletes – Universality

National Federations/NOCs with no swimmers who have achieved

either Standard Entry Time may enter one (1) man and one (1) woman (Universality), provided that those swimmers participated in the 14th FINA World Championships – Shanghai 2011 and are invited by FINA to compete.

BL 9.3.6.5 In the Olympic Games, not more than sixteen (16) teams can be entered in each relay competition. The top twelve (12) finishers at the 14th FINA World Championships – Shanghai 2011 shall be qualified based upon the results achieved. The four (4) other teams shall be selected by FINA on the basis of the fastest times achieved in the fifteen-month period before the Olympic Games (1 March 2011 through 1 June 2012) in competitions approved for that purpose by FINA. If any qualified teams are not able to participate for any reason, available slots will be filled on the basis of next fastest times achieved in the fifteen-month period before the Olympic Games in competitions approved for that purpose by FINA. Individual times may not be aggregated for relay qualification purposes.

Each National Federation/NOC may enter only one (1) team in each relay event. All swimmers entered in individual events can be used in relays, even if they have not achieved the FINA/Olympic Invitational Time for the corresponding stroke and distance of the relay in which they are entered.

Each National Federation/NOC may enter additional swimmers for relays only, provided that they have achieved the “FINA/Olympic Invitational Time” for the corresponding stroke and distance of the relay in which they are entered.

The following formula shall apply:

- One (1) Relay - two (2) additional swimmers
- Two (2) Relays - four (4) additional swimmers
- Three (3) Relays - six (6) additional swimmers
- Four (4) Relays - eight (8) additional swimmers
- Five (5) Relays - ten (10) additional swimmers
- Six (6) Relays - twelve (12) additional swimmers

Renumber thereafter

BL 9.3.6.7 Electronic Entries

- Entries for the FINA World Championships, the FINA World Swimming Championships (25m), and the FINA World Junior Swimming Championships shall be made electronically, when available.
- FINA will maintain a listing of times achieved during the qualification period, called the FINA Rankings.

- National Federations will enter swimmers using the FINA Rankings as the entry time for seeding purposes. Where no valid time information is recorded in the FINA Rankings, the swimmer will be entered with no time. Relays will be entered with no time and seeded randomly for the heats' sessions.
- Only valid times included in the FINA Rankings at the date of the deadline for entries and achieved within the qualification period can be accepted as entry times.
- When all entries are completed, the National Federation must transmit the entry list to the FINA Office in accordance with the established entry deadline.
- The heats, semi-finals and finals shall be arranged in accordance with Rule SW 3, under the supervision of the Technical Swimming Committee.

BL 9.3.7 Open Water Swimming

BL 9.3.7.1 Entries

For the Olympic Games and the World Championships each member may enter a maximum of two (2) males and two (2) females per individual event. For team events in the World Championships, the member can enter only one (1) team per event. Only swimmers who are entered in individual events at the World Championships can take part in the Team Event.

BL 9.3.7.2 Numbering of swimmers

The numbering of athletes is to appear on the arms, upper backs and hands of competitors. On the arms the numbers shall be arranged vertically. On the upper backs and hands the numbering is horizontally. The numbering of the arms and backs is made with an ink template: 100 mm high x 60 mm wide. The numbering of the hands of competitors is allowed by marking pens. For athletes with darker skin and full body swim suits a white marker pen will be required.

BL 9.3.7.3 Identification

In events of 10 km and under it is mandatory for the head or cap to display on each side the "national-three letter code" and may display the swimmer's national flag. The country code shall be a minimum of 0.04m in height.

BL 9.3.7.4 Finish Approach

For Olympic Games, World Championships and all FINA events, the Finish Approach (OWS 7.1) is part of the course, and swimmers shall remain within the rows of buoys throughout their approach to the Finish.

BL 9.3.7.5 Events

5 km Team Event as Time Trial

- A team shall consist of three (3) swimmers, either one (1) man and two (2) women or two (2) men and one (1) woman.
- Every team shall start with all swimmers together sixty (60) seconds after the preceding team.
- The allocation of starting positions shall be taken from automatic random draw. The ranking shall be decided by the individual time achieved by the third swimmer of the team. Only one team per NF is allowed.

BL 9.3.7.6 OLYMPIC GAMES

BL 9.3.7.6.1 Events

Only events in 10 km will be held for both Men and Women.

BL 9.3.7.6.2 The Start

For Olympic Games the start shall be from a fixed platform.

BL 9.3.7.6.3 Qualification for London 2012 Olympic Games

1. FINA World Championships 2011 Shanghai (CHN)

The first ten (10) finalists from the 10 km event – men and women – will qualify. 20 Marathon Swimmers (10 Men & 10 Women)

2. FINA Olympic Marathon Swim Qualifier 2012

Only NF/NOC not having qualified swimmers through point 1 above may elect to send two (2) athletes per event. Each NF/NOC will qualify only one (1) athlete per event. 18 Marathon Swimmers (9 Men & 9 Women)

Continental Representation

The first eligible finisher in the 10 km event – Men and Women – from each of five (5) Continents will qualify. 10 Marathon Swimmers (5 Men & 5 Women)

In the event that a NF/NOC has previously qualified one (1) or two (2) swimmers, the selection process will move to the next eligible finisher in the FINA Olympic Marathon Swim Qualifier event to ensure that each of these competitions yields a competitor.

Host Nation

One (1) male and one (1) female marathon swimmer from the host nation if not previously qualified, will qualify. 2 Marathon Swimmers (1 Man & 1 Woman)

If the host nation qualifies two (2) athletes through the Point 1 above or one (1) athlete through the Points above, than this slot will be added to Point 2 and allow it to yield an additional 10th qualification.

BL 9.3.7.7 WORLD JUNIOR CHAMPIONSHIPS

BL 9.3.7.7.1 Age Groups as at 31st December of the year of the competition

- 14-15 years Boys and Girls
- 16-18 years Boys and Girls

BL 9.3.7.7.2 Individual Events

- 14-15 years 5 km Boys and Girls
- 16-18 years 7.5 km Boys and Girls

BL 9.3.7.7.3 Team Events

- A team comprises of three (3) swimmers (either two (2) boys and one (1) girl or two (2) girls and one (1) boy)
- Two age categories:
14-15 years
16-18 years
- Distance of the team event: 3 km for both categories
- For the team event, swimmers from the 14-15 age group category (maximum two (2) swimmers) can swim in the 16-18 age group category according to the team distribution for boys / girls and the rule of one (1) team per Federation age group.

BL 9.3.7.7.4 Entries

- Two (2) athletes per Federation per Event in the individual events
- One (1) team per Federation per age group in the Team Event

BL 9.3.10 Water Polo

BL 9.3.10.7 World Junior Championships Men (Age as in WPAG2) – 18 years and under and 20 years and under

BL 9.3.10.8 World Junior Championships Women (Age as in WPAG2) – 18 years and under and 20 years and under

BL 9.5 World Cups

BL 9.5.1.1 Draw

The draw for the World Cups will be made four (4) months prior to the commencement of the World Cup as follows:

...

BL 9.6.3 Tie Breaking

BL 9.6.3.2.2 If, at any time during the application of the procedure set out in this BL 9.6.3.2, the number of tied teams is reduced to two (2), then BL 9.6.3.1 shall be used to determine which of the two (2) remaining teams is placed higher.

BL 10 World Cups

BL 10.3 Water Polo

BL 10.3.1 The competition shall be between a maximum of eight (8) selected in the following manner: automatically the first three (3) teams from the preceding World Championships and one (1) team from each of the five (5) continents selected through the continental qualification tournaments, continental championships or ranking at the preceding World Championships. The Host Country will be the representative of that continent. If a vacancy occurs it shall be filled by the next highest ranked teams from the continental qualification tournaments, continental championships or at the preceding World Championships with the following rotation: Asia, Americas, Africa, Oceania, and Europe.

PART VII

FINA SYNCHRONISED SWIMMING RULES 2009 – 2013

All references in the FINA HANBOOK 2009 - 2013 to "Combination" should now be considered as "Free Combination"

SS 4 SESSIONS

SS 4.1 Figures

Each competitor in Solo, Duet and Team must perform four (4) figures as described in the Appendix V of these rules.

The Senior Figures, the Junior Figures and the Age Group Figures will be selected by the TSSC every four (4) years, subject to the approval of the FINA Bureau.

SS 7 PRELIMINARIES AND FINALS

SS 7.1.1 In World Championships: Applies also for Technical Routines.

SS 10 JUDGEMENT OF FIGURES

SS 10.1.1 The competitor can obtain points from 0 – 10 using 1/10th points.

Perfect	10
Near perfect	9.9 – 9.5
Excellent	9.4 – 9.0
Very Good	8.9 – 8.0

SYNCHRONISED SWIMMING

Good	7.9 – 7.0
Competent	6.9 – 6.0
Satisfactory	5.9 – 5.0
Deficient	4.9 – 4.0
Weak	3.9 – 3.0
Very weak	2.9 – 2.0
Hardly recognisable	1.9 – 0.1
Completely failed	0

SS 13 ROUTINE SESSIONS

SS 13.5 After the Figures and/or Technical Routines and Free Routines Preliminaries and Free Combination Preliminary the first twelve (12) by total score (see 20.2) shall compete in the finals.

Exception: In World Championships: After each Technical / Free Routine / Free Combination preliminaries the twelve best will compete in the respective Final.

SS 13.6 In routines the swimwear must conform to GR 5 and be appropriate for Synchronised Swimming competitions. The use of accessory equipment, goggles or additional clothing is not permitted unless required by medical reasons. Nose clips or plugs may be worn. Jewellery is not allowed.

SS 13.6.1 In the event that the referee thinks a competitor(s) swimwear does not conform to GR 5 and SS 13.6 the competitor will not be permitted to compete until changing into appropriate swimwear.

SS 14 TIME LIMITS FOR ROUTINES

SS 14.4 The timers shall check the overall time of the routine as well as that of the deck movements. The times shall be recorded on the score sheet. If the time limit is exceeded for the deck work or there is a deviation from the routine time limit allowance (see SS 14.1) the timer shall advise the referee or the appointed official designated by the referee.

SS 15 MUSIC ACCOMPANIMENTS

SS 15.3 Team Managers / Coaches are responsible for labeling three individual discs for each routine as to speed, name of the competitor and national federation. The deadline for receiving the discs is 15 days prior to the start of practice sessions. If the deadline is respected, the Sound Center Manager is entirely responsible for correct execution of the music. In all other circumstances if the sound reproduction is not working, the Team Manager is entitled to bring immediately two additional discs of the music. If the two additional discs fail again, the competitor is disqualified.

SS 16 ROUTINE PANELS

SS 16.3.1 On a signal of the referee (or assistant referee), the results will be displayed on the scoreboard or will be announced.

SS 17 JUDGEMENT OF ROUTINES

SS 17.2 In Free Routine and Free Combination two scores shall be awarded 0 – 10 points each (see SS 17.1)

All the following percentages arrays are subject of decision of the TSSC.

SS 17.2.1 First Score – Technical Merit Score

Consider	Solo	Duet	Team	Free Combination
EXECUTION, of strokes, figures and parts thereof; propulsion techniques, precision of patterns	50%	40%	40%	40%
SYNCHRONISATION; one with another and with music	10 %	30%	30%	30%
DIFFICULTY of strokes, figures and parts thereof, patterns, synchronisation	40%	30%	30%	30%

SS 17.2.2 Second Score – Artistic Impression Score

Consider	Solo	Duet	Team	Free Combination
CHOREOGRAPHY, variety, creativity, pool coverage, patterns, transitions	50%	50%	50%	60%
MUSIC INTERPRETATION, use of music	20%	30%	30%	30%
MANNER OF PRESENTATION, total command	30%	20%	20%	10%

SS 17.2.3 In the Olympic Games, World Championships, World Junior Championships and World Cups, for the Free Routine and Free Combination sessions, each judge shall award three scores, from 0-10 points each (see SS 17.1). Technical Merit judges shall award scores for Execution, Synchronisation and Difficulty. Artistic Impression judges shall enter scores for Choreography, Music Interpretation, and Manner of Presentation. The scorers shall calculate the Technical Merit scores of each judge (see SS 17.2.1) and Artistic Impression scores of each judge (see SS 17.2.2).

For each of the six components of the Free Routine (Technical Merit: Execution, Synchronisation, and Difficulty; Artistic Impression: Choreography, Music Interpretation and Manner of Presentation), cancel the highest and lowest award (one each) for each set of components. Add the remaining awards, divide the sum by the number of judges less two (2). Multiply the result by the factors in SS 17.2.1 for Technical Merit and SS 17.2.2 for Artistic Impression to get the component score.

SYNCHRONISED SWIMMING

The Technical Merit Score shall be the sum of the Execution, Synchronisation and Difficulty scores. The Artistic Impression Score shall be the sum of the Choreography, Music Interpretation, and Manner of Presentation scores.

The Free Routine score shall be the sum of 50% of the Technical Merit score and 50% of the Artistic Impression score, less any penalty deductions from rules SS 18.1 and 18.2.

SOLO FREE ROUTINE SCORING EXAMPLE

TECHNICAL MERIT EXAMPLE

JUDGE	1	2	3	4	5	6	7	AVG		SCORE
CAT	% COMP.								50%	
E	50	9.4	9.3	9.3	9.4	9.3	9.5	9.3	9.34	46.700
S	10	9.5	9.2	9.2	9.4	9.4	9.2	9.5	9.34	9.340
D	40	9.4	9.4	9.4	9.5	9.5	9.4	9.5	9.44	37.760
										93.800
										46.900

ARTISTIC IMPRESSION EXAMPLE

JUDGE	1	2	3	4	5	6	7	AVG		SCORE
CAT	% COMP.									
C	50	9.5	8.9	8.9	9.3	9.3	9.4	9.4	9.26	46.300
MI	20	9.5	9.3	9.0	9.4	9.4	9.5	9.3	9.38	18.760
MP	30	9.4	9.3	9.2	9.3	9.3	9.5	9.2	9.30	27.900
										92.960
										46.480
									TOTAL	93.380

SS 17.3 Technical Routines

For Technical Routines two scores shall be awarded, 0 to 10 points each (see SS 17.1.) All the following percentages arrays are subject of decision of the TSSC.

SS 17.3.1 First score - Execution

Consider:

Execution of required elements: 70%

Execution of rest of the routine: 30%

The Execution judges shall also consider the strokes, other figures and parts thereof, propulsion techniques and the precision of patterns.

SS 18 DEDUCTIONS AND PENALTIES IN ROUTINES

~~SS 18.2.6 As described in SS 15.3, if the music accompaniment fails.~~

SYNCHRONISED SWIMMING

SS 18.2.7 A competitor has made deliberate use of bottom of the pool during a routine to assist another competitor.

SS 19 CALCULATION OF THE ROUTINE RESULTS

SS 19.1 To calculate the Free Routine score, refer to SS 17.2.3.

To calculate the Technical Routine score, cancel the highest and lowest award (one each) for each set of awards, Execution and Overall Impression. Add the remaining awards, divide the sum by the number of judges less two (2) and multiply the result by five (5) for a maximum of 50 points.

Example with seven (7) judges:

$$\frac{(\cancel{40} + 10 + 10 + 10 + 10 + 10 + \cancel{40})}{5} \times 5 = 50.000$$

Example with six (6) judges:

$$\frac{(\cancel{40} + 10 + 10 + 10 + 10 + \cancel{40})}{4} \times 5 = 50.000$$

APPENDIX II BASIC POSITIONS

19 SIDE FISHTAIL POSITION

Body extended in **Vertical Position**, with one leg extended sideways with its foot at the surface regardless of the height of the hips.



APPENDIX III BASIC MOVEMENTS

2 TO LOWER A BALLET LEG

From a **Ballet Leg Position** the ballet leg is bent, without movement of the thigh, to a **Bent Knee Back Layout Position**. The toe moves along the inside of the extended leg until a **Back Layout Position** is assumed.



6 WALKOUTS

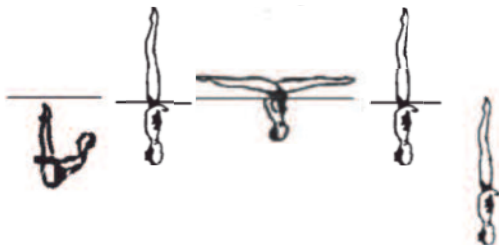
a) Walkout Front

The Front leg is lifted in a 180° arc over the surface to meet the opposite leg in a **Surface Arch Position** and with continuous movement, an *Arch to Back to Layout Finish Action* is executed.



11 ROCKET SPLIT

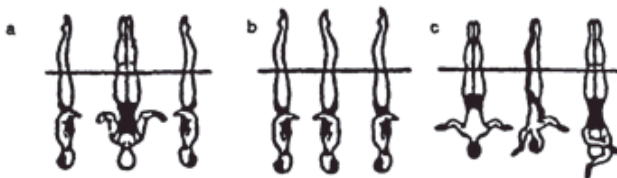
A *thrust* is executed to a **Vertical Position**, maintaining maximum height the legs are split rapidly to assume an **Airborne Split Position** and rejoin to a **Vertical Position**, followed by a *Vertical Descent*. The *Vertical Descent* is executed at the same tempo as a *Thrust*.



12 TWISTS

A *Twist* is a rotation at a sustained height. The body remains on its longitudinal axis throughout the rotation. Unless otherwise stated, when performed in a **Vertical Position**, a *Twist* is completed with a *Vertical Descent*.

- a - *Half Twist*: a *Twist* of 180°
- b - *Full Twist*: a *Twist* of 360°
- c - *Twirl*: a rapid *Twist* of 180°



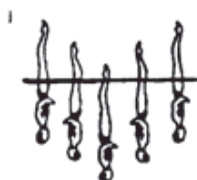
13 SPINS

g) *Twist Spin*: a *Half Twist* is executed, and without a pause, is followed by a *Continuous Spin* of 720° (2).

An *ascending Spin* begins with the water level at the heels unless otherwise specified. A vertical upward *Spin* is executed until a water level is established between the knees and hips. An *ascending Spin* is finished with a *Vertical Descent*.



l) *Bent Knee Combined Spin*: a *descending Spin* in a **Bent Knee Vertical Position** of at least 360° , followed without a pause by an equal *ascending Spin* in the same direction. The *ascending Spin* reaches the same height where the *descending Spin* started.



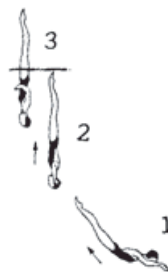
16 VERTICAL DESCENT TO DOLPHIN CIRCLE

A *Vertical Descent* is executed until the hips reach the quarter point of the circle, and with continuous motion, the head leads the body back onto the circumference of a circle into a **Dolphin Arch Position**, and the *Dolphin* continues.



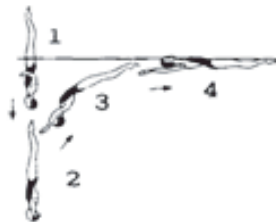
17 DOLPHIN FOOT FIRST TO VERTICAL

The toes reach the three quarter point of the circle, and with continuous motion, the body straightens to **Vertical Position** as it rises along its longitudinal axis until a water level is established between the ankles and hips.



18 VERTICAL DESCENT TO DOLPHIN FOOT FIRST CIRCLE

A *Vertical Descent* is executed until the toes reach the three quarter point of the circle. The toes lead the body back onto the circumference of the circle into a **Dolphin Arch Position** as the *Dolphin foot first* continues.



APPENDIX IV RULES FOR FIGURES

1. Figures are defined in terms of their component parts: body positions and transitions. Refer to Appendix II for body position requirements, and Appendix III for descriptions of common basic movements.

Figure descriptions are written from the standpoint of perfection.

5. Diagrams are a guide only. If there is discrepancy between a diagram and a written description, the English written version of the FINA Handbook shall prevail.

APPENDIX IV - CATEGORY I

101 BALLETT LEG SINGLE

1.6

A Ballet Leg is assumed. The Ballet Leg is lowered.



103 SUBMARINE BALLET LEG SINGLE

2.1

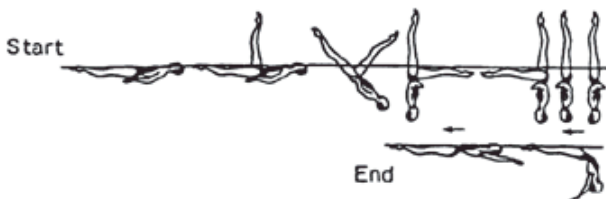
A *Ballet Leg* is assumed. The body is lowered to a **Submerged Ballet Leg Position**. Maintaining this position parallel to the surface, the body rises vertically to a **Surface Ballet Leg Position**. The *Ballet Leg* is lowered.



113 CRANE

3.5

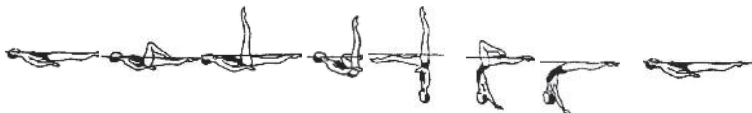
An *Ibis* is executed to a **Crane Position**. A *Half Twist* is executed. The horizontal leg is lifted to **Vertical Position**. Another *Half Twist* is executed in the same direction and at the same height. The legs are lowered backward to a **Surface Arch Position**, and with continuous movement, an *Arch to Back Layout Finish Action* is executed.



142 MANTA RAY

2.8

A *Flamingo* is executed to a **Surface Flamingo Position**. As the body unrolls, the bent leg is extended horizontally to assume a **Crane Position**. The horizontal leg is lifted in a 180° arc over the surface of the water, as it passes vertical, the vertical leg is moved to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened and with continuous motion, an *Arch to Back Layout Finish Action* is executed.



150 KNIGHT

3.1

A *Ballet Leg* is assumed. Maintaining the position of the legs, the head moves downward as the lower back arches to a **Knight Position**. The body straightens as the non-ballet leg is lifted to vertical and as the ballet leg bends, the foot follows a vertical line through the hips, to assume a **Bent Knee Vertical Position**. A *Half Twist* is executed. The back arches as the extended leg lowers to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened and with continuous motion, an *Arch to Back Layout Finish Action* is executed.



APPENDIX IV - CATEGORY II

241 GOELAND

2.0

An Albatross is executed to the **Front Pike Position**. One leg is lifted to vertical as the body rotates 90° on its longitudinal axis to assume a **Side Fishtail Position**, with continuous motion another 90° rotation is executed in the same direction as the vertical leg lowers to assume a **Split Position**. A *Walkout Back* is executed.



APPENDIX IV - CATEGORY III

301f BARRACUDA CONTINUOUS SPIN

2.7

A Barracuda is executed to **Vertical Position**. A *Continuous Spin* is performed to complete the figure.

305c BARRACUDA SOMERSAULT BACK PIKE TWIRL

2.9

A Barracuda Somersault Back Pike is executed to **Vertical Position**. A *Twirl* is executed. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

305f BARRACUDA SOMERSAULT BACK PIKE CONTINUOUS SPIN

3.1

A Barracuda Somersault Back Pike is executed to **Vertical Position**. A *Continuous Spin* is executed to complete the figure.

306d and 396e – See Appendix I

A Barracuda Bent Knee is executed to a **Bent Knee Vertical Position**. The designated *Spin* is executed as the bent knee is extended to meet the vertical leg at the same tempo as the *Thrust*.

313 KIP SPLIT CLOSING 180°

2.5

A Kip Split is executed to a **Split Position**. During a 180° rotation, the legs are closed symmetrically to **Vertical Position**. A *Vertical Descent* is executed.



315 KIPNUS

1.6

From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface. The trunk unrolls as the legs assume a **Bent Knee Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. A *Vertical Descent* is executed in a **Bent Knee Vertical Position**.



315b KIPNUS VARIANT

2.1

A Kipnus is executed to a **Bent Knee Vertical Position**. A *Full Twist* is executed as the bent knee is extended to meet the vertical leg. A *Vertical Descent* is executed.



317 KIPSWIRL

2.3

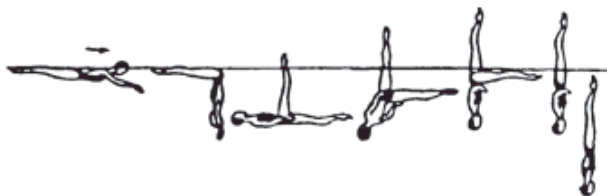
From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface of the water. As the trunk unrolls and the legs are straightened a 360° rotation is executed to assume a **Vertical Position**. A *Vertical Descent* is executed.



322 SUBALINA

2.3

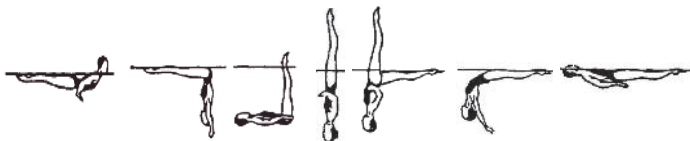
A Somersub is executed to a **Submerged Ballet Leg Position**. As the body rises a *Catalina Rotation* is executed, the horizontal leg is lifted to **Vertical Position**. A *Vertical Descent* is executed.



326 LAGOON

2.7

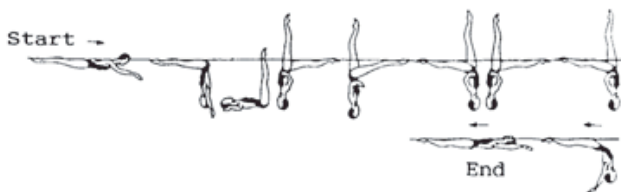
A Somersault Front Pike is executed to the **Submerged Ballet Leg Double Position**. Maintaining the vertical line of the legs, the hips are lifted as the trunk unrolls to assume a **Vertical Position**. One leg is lowered to a **Knights Position**. The vertical leg is lowered to assume a **Surface Arch Position**, with continuous motion a *Surface Arch to Back Layout Finish Action* is executed.



332 AURORA OPEN 360°

3.4

An Aurora is executed to a **Fishtail Position**. Maintaining the vertical alignment of the body, the foot of the horizontal leg is moved with accelerating speed in a horizontal arc of 180° at the surface to a **Knight Position** and with continuous motion and accelerating speed, the body maintains this position as an additional 360° rotation is executed in the same direction. The vertical leg is lowered to a **Surface Arch Position**. An *Arch to Back Layout Finish Action* is executed.



342c HERON TWIRL

2.7

A Heron is executed to a **Bent Knee Vertical Position**. A *Twirl* is performed in a **Bent Knee Vertical Position** to complete the figure. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

347 BELUGA

2.3

From a **Front Layout Position**, a *Front Pike Position* is assumed. One leg is lifted to a **Fishtail Position**. Maintaining the vertical alignment of the body, the foot of the horizontal leg is moved with accelerating speed in a horizontal arc of 180° at the surface to a **Knight Position**. The vertical leg is lowered to a **Surface Arch Position**. An *Arch to Back Layout Finish Action* is executed.



APPENDIX IV - CATEGORY IV

401 SWORDFISH

2.0

From a **Front Layout Position**, a **Bent Knee Position** is assumed. The back arches more as the extended leg is lifted in a 180° arc over the surface to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened and with continuous motion, an *Arch to Back Layout Finish Action* is executed.



403 SWORDTAIL

2.5

From a **Front Layout Position** the **Bent Knee Position** is assumed. The back arches more as the extended leg is lifted in an arc of 180° over the surface of the water. As the extended leg passes vertical, the bent leg straightens with the foot following a vertical line to assume a **Knight Position**. The vertical leg is lowered to a **Surface Arch Position**. An *Arch to Back Layout Finish Action* is executed.



410 HIGHTOWER

3.3

A Swordfish Straight Leg is executed until the foot of the lifting leg is directly over the head. The body is straightened to a **Crane Position**, assuming vertical midway between the former vertical line through the hips and the former vertical line through the foot and the head. The horizontal leg is lifted to a **Vertical Position**. A *Vertical Descent* is executed until toes are submerged. Maintaining the vertical line of the legs, the hips are piked as the trunk rises to assume a submerged **Back Pike Position**. A *Thrust* is executed to a **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust*.



421 WALKOVER BACK CLOSING 360°**2.2**

A Walkover Back is executed to a **Split Position**. With continuous motion a rotation of 360° is executed as the legs are symmetrically lifted and closed to a **Vertical Position**. A *Vertical Descent* is executed.

**APPENDIX VI FINA REQUIRED ELEMENTS FOR TECHNICAL ROUTINES 2009-2013****TEAM REQUIRED ELEMENTS (A)**

5. Cadence Action with legs – identical leg movement(s) performed sequentially one-by-one by all team members. When more than one cadence action is performed, they must be consecutive, and not separated by other optional or required elements. There shall be at least 2 consecutive pattern changes during the cadence actions.
7. *Rocket Split* is executed to an **Airborne Split Position**. Maintaining maximum height the legs are lifted to a **Vertical Position** as a *Twirl* is executed. A rapid *Vertical Descent* is executed. [DD 2.6]

SYNCHRONISED SWIMMING

SCORE SHEET FOR FIGURE COMPETITION

Competition _____

Place _____

Date _____

Order of Appearance	
------------------------	--

Name	
Country/Club	
Date of Birth	

Abbreviation

FIGURE		JUDGES SCORES							SUM	AVER.	DD	Score Aver DD	Penalty SS10
Figure	No.	1	2	3	4	5	6	7	4 OR 5				
1													
2													
3													
4													

TOTAL			
DIVIDED BY TOTAL DD MULTIPLIED BY 10			
MINUS PENALTIES			
FINAL FIGURE SCORE			
FINAL PLACING			
CHECKED			

SYNCHRONISED SWIMMING

SCORE SHEET FOR TECHNICAL ROUTINE										Order of Appearance	
Competition _____											
Place _____											
Date _____										Abbreviation	
Country/Club _____											
										Solo	
										Duet	
										Team	
Nr	FAMILY / GIVEN NAMES				REQUIRED ELEMENT			Ok	0.5 Pt Pen.	1.0 Pt Pen.	2.0 Pt Pen.
1					1						
2					2						
3					3						
4					4						
5					5						
6					6						
7					7						
8					8						
R					9						
R					Total Penalties						
Total Penalties Required Elements											
EXECUTION - JUDGES AWARDS											
1	2	3	4	5	6	7	SUM OF (N°-2)				
								/ (N - 2) x 5			
Minus Total Penalties Required Elements (see above)											
Total Execution Score											
OVERALL IMPRESSION - JUDGES AWARDS											
1	2	3	4	5	6	7	SUM OF (N°-2)				
								/ (N - 2) x 5			
TOTAL TECHNICAL ROUTINE											
NUMBER OF TEAM MEMBERS (circle number)							4	5	6	7	8
DEDUCTION SS 18.1							-2.0	-1.5	-1.0	-0.5	0.0
Walk On Time	Deck Time	Total Time	1 Point Penalty (Circle)	Walk On Time	Deck Time	Total Time	Bottom 18.2.5	Music 18.2.6			
			2 Point Penalty (Circle)	Bottom 18.2.7	Interrupt 18.2.8	Deck Stack					
TECHNICAL ROUTINE RESULT											
REFEREE / RECORDER _____										PLACING TECHNICAL ROUTINE	
(N° = Number of Judges)											

Technical Routine Score Sheet
(1 score each for EX and OI)

PART VIII

FINA MASTERS RULES

2009 -2013

Appendix I FINA REQUIRED ELEMENTS FOR MASTERS TECHNICAL ROUTINES

GENERAL REQUIREMENTS

1. Supplementary elements may be added
2. Unless otherwise specified in the description of an element:
 - All figures or components thereof shall be executed according to the requirements described in SS Appendix II.
 - All elements shall be executed high and controlled, in uniform motion with each section clearly defined.
3. Time limits as in MSS 8.1.1.1, MSS 8.1.2 & MSS 8.1.3..
4. Swimwear shall be black and the competitor shall wear a white cap. Goggles may be worn.

SOLO

Elements 1 to 5 must be performed in the order listed.
Element 6 may be MUST performed at any time during the routine.

1. **FISHTAIL** – from a **Front Layout Position, a Front Pike Position** *is assumed*; one leg is lifted to a Fishtail Position, the second leg is lifted to a **Vertical Position** (ending is optional).
2. **BODY BOOST** – A rapid headfirst rise, with a maximum of the body above the surface (arms optional) A descent is executed until the swimmer is completely submerged.
3. **BARRACUDA BENT KNEE** –From the **BACK PIKE POSITION** with legs perpendicular and with the toes just below the surface, a *Thrust* is executed as one leg is drawn along the inside of the other extended leg to assume a **BENT KNEE VERTICAL POSITION**. A vertical *Descent* is executed in a **Bend Knee Vertical Position** at the same tempo as the *Thrust*.
4. **TRAVELLING BALLET LEG COMBINATION** – Beginning in a **Back Layout Position** to include at least 2 of the following positions: **Right Ballet Leg; Left Ballet Leg; Right Flamingo; Left Flamingo; Double Ballet Leg**.
5. **SPLIT POSITION** followed by a *walkout front or walkout back*.
6. **TWO (2) FORMS OF PROPULSION** – Must include Egg Beater travelling sideways &/or forward (arms optional)

DUET/TRIO

Elements 1- 5 MUST be performed in the order listed.
Elements 6- 7 may be executed at any time during the routine.

1. **FISHTAIL** – From a **Front Layout Position, a Front Pike Position** *is assumed*; one leg is lifted to a Fishtail Position, the second leg is lifted to a Vertical Position (ending is optional)
2. **BODY BOOST** - A rapid head- first rise, with a maximum of the body above the surface

MASTERS

(arms optional). A descent is executed until the swimmer is completely submerged.

- 3. BARRACUDA BENT KNEE** – From the *Back Pike Position* with legs perpendicular and with the toes just below the surface, a *Thrust* is executed as one leg is drawn along the inside of the other extended leg to assume a **Bent Knee Vertical Position**. A *Vertical Descent* is executed in a **Bent Knee Vertical Position** at the same tempo as the *Thrust*.
- 4. TRAVELLING BALLET LEG COMBINATION** – beginning in a **Back Layout Position** to include at least 2 of the following positions: **Right Ballet Leg; Left Ballet Leg; Right Flamingo; Left Flamingo; Double Ballet Leg**.
- 5. SPLIT POSITION** – followed by a *walkout front or walkout back*.
- 6. TWO (2) FORMS OF PROPULSION** – Must include Egg Beater travelling sideways &/or forward (arms optional).
- 7. JOINED ACTION** – Where the swimmers are connected (touching) in some manner to perform one of the following:
 - A connected figure or a connected float or connected stroking.
 - Action must be performed simultaneously. Mirror action is permitted.
 - Stacks, lifts, platforms, throws are not permitted.

With the exception of the **DECK WORK** and **ENTRY** and as noted in the **JOINED ACTION**, all elements, required and supplementary, **MUST** be performed simultaneously and facing the same direction by all swimmers. Variation in propulsion and direction facing are permitted during pattern changes.

TEAM

Elements 1-5 **MUST** be performed in the order listed.

Elements 6-9 may be performed at any time

- 1. FISHTAIL** - From a **Front layout Position** a **Front Pike Position** is assumed; one leg is lifted to a Fishtail Position, the second leg is lifted to a **Vertical Position** (ending is optional)
- 2. BODY BOOST** – a rapid headfirst rise, with a maximum of the body above the surface (arms optional). A descent is executed until the swimmer is completely submerged.
- 3. BARRACUDA BENT KNEE** – From the **Back Pike Position** with legs perpendicular and with the toes just below the surface, a *Thrust* is executed as one leg is drawn along the inside of the other extended leg to assume a **Bent Knee Vertical Position**. A *vertical Descent* is executed in a **Bent Knee Vertical Position** at the same tempo as the *Thrust*.
- 4. TRAVELLING BALLET LEG COMBINATION** – Beginning in a **BACK LAYOUT POSITION** to include at least 2 of the following positions: **Right Ballet Leg; Left Ballet Leg; Right Flamingo; Left Flamingo; Double Ballet Leg**.
- 5. SPLIT POSITION** followed by a *walkout front or walkout back*
- 6. TWO (2) FORMS OF PROPULSION** – Must include Egg Beater travelling sideways &/or forward (arms optional).
- 7. JOINED ACTION** – Where the swimmers are connected (touching) in some manner to perform one of the following:
 - A connected figure or a connected float or connected stroking.
 - Action must be performed simultaneously. Mirror action is permitted.
 - Stacks, lifts, platforms, throws are not permitted.

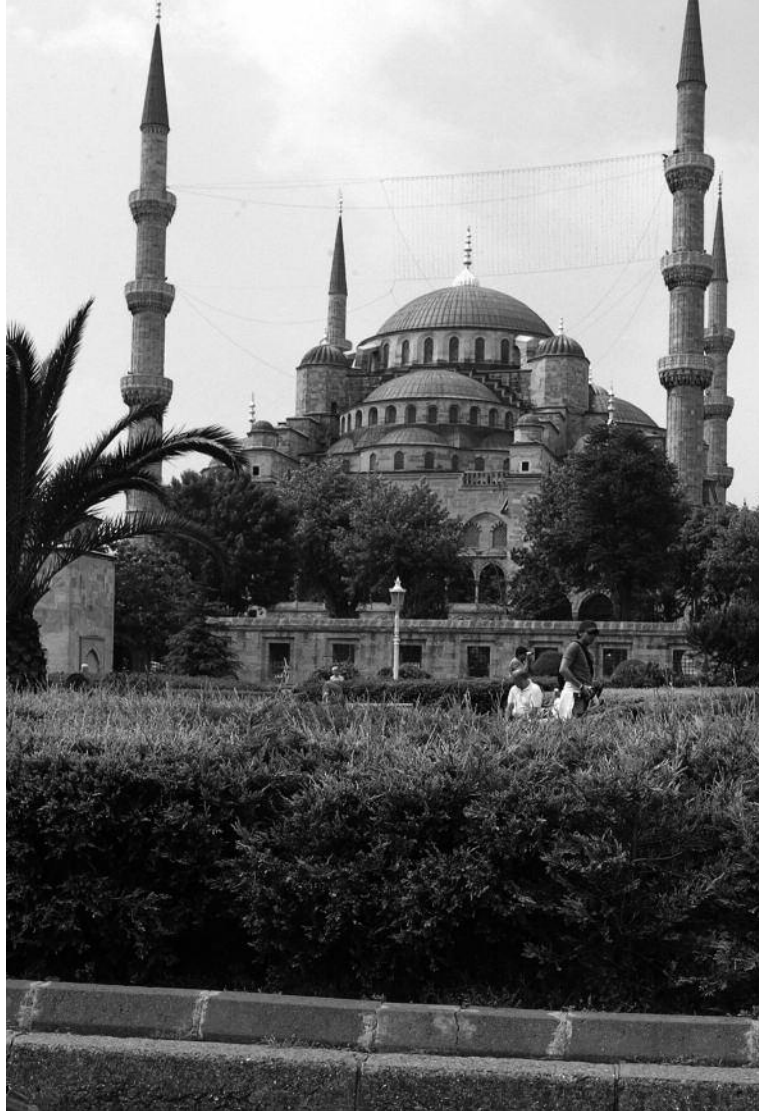
MASTERS

8. **CADENCE ACTION** – Identical movements (s) performed sequentially, one by one, by all team members. When more than one cadence action is performed, they must be consecutive **and** not separated by other optional or required elements. A second cadence action may begin before the first cadence action is completed by all team members but each team member must do the action of each cadence.
9. **PATTERNS** – must show a circle and straight line. Elements may be performed when in the circle or the straight-line patterns.

With the exception of the **DECKWORK, ENTRY, CADENCE** and as noted in the **JOINED ACTION**, all elements, required and supplementary, **MUST** be performed simultaneously and facing the same direction by all swimmers. Swimmers need not face the same direction in the circle pattern. Variation in propulsion and direction facing are permitted during pattern changes. Mirror actions are not permitted except as specified in the description of the elements.



14th FINA World Championships 2011
Shanghai (CHN)



11th FINA World Swimming Championships (25m) 2012
Istanbul (TUR)